

Kirk Community Center

1601 Foxworthy Avenue, San José 95118

Phone: 408-723-1571

Fax: 408-264-2359

Supervisor: Gerard Manuel

Email: gerard.manuel@sanjoseca.gov

Bus Lines: 63

Types of Programs: Adult, fee class, senior programs, senior nutrition, theater, youth programs and special events.

Mail Registration to: P.O. Box 6707, San José, CA 95150

ARTS & CRAFTS

My First Art Class \$52

Spend quality time with your toddler creating art and having fun together! Each week will feature a new theme with five art stations all consisting of new and exciting projects. The class ends on a musical note with lots of singing and dancing and having too much fun! Parental participation is required. Children should wear clothes appropriate for art making. Optional purchase of our new toddler art project book is \$16. See instructor for details.

Instructor: Peace

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.101	F	1/23-2/13	9:30-10:30am	18-36m	4	KR
253.3.102	F	1/23-2/13	10:45-11:45am	2-5	4	KR
253.3.103	F	1/23-2/13	12-1pm	2-5	4	KR
253.3.104	F	2/20-3/12	9:30-10:30am	18-36	4	KR
253.3.105	F	2/20-3/12	10:45-11:45am	2-5	4	KR
253.3.106	F	2/20-3/12	12-1pm	2-5	4	KR

DANCE

Ballet/Tap Combo - Level 1 \$70

Come join the fun! This joyful introduction to tap and ballet teaches ballet positions and tap routines using basic steps. Students have lots of fun developing coordination and a sense of rhythm. (Tap and ballet shoes REQUIRED.)

No class: 2/16

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.211	M	1/26-3/22	2-2:45pm	3-5	8	KR
253.3.212	Th	1/22-3/12	3-3:45pm	5-7	8	KR

Ballet/Tap Combo - Level 2 \$70

Students will review basic ballet positions and tap steps. New dance routines and combinations will be taught to classical music and familiar children's songs. A fun and engaging experience for all

No class: 2/16

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.213	M	1/26-3/22	3-4pm	4-6	8	KR

Bouncin' Babies \$70

A class for all you active bouncing' babies and parents to come play and have some fun together. Use bean bags, balls, rattles and more. You can shake, rattle and roll to exciting lively music with tambourines, shakers, drums and other neat instruments. The class will also emphasize pre-walking and early walking skills. A great class for baby and you with so many things to do.

No class: 2/16

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.216	M	1/26-3/22	9:30-10:15pm	10-18m	8	KR

Dancin' Boggie Babies \$70

Come have some serious fun with your little one and do the Boogie Woogie Bear! You and your baby will sing and dance to lively nursery songs and children's show tunes. Jump, run, hop and boogie away with hula hoops, dancing scarves, bean bags and more.

No class: 2/16

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.201	M	1/26-3/22	10:30-11:15am	19-30m	8	KR

Fun Fitness and Tumbling \$70

Come join this active fun class. Students will learn basic front rolls, back rolls, somersaults, headstands, bridges, crabwalks and more. Fitness warm-ups and energized exercises to music are included. This class enhances your child's coordination, motor skills balance, strength, flexibility and self-confidence.

No class: 2/16

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.202	M	1/26-3/22	1:15-2pm	3-5	8	KR
253.3.203	T	1/20-3/9	9:30-10:15am	3-5	8	KR
253.3.204	W	1/21-3/10	3-4pm	4-6	8	KR

Hip Hop \$87

Hip Hop beats and other pop music set the tone in this high-energy class that features some of the latest dance moves, basic techniques, and a really fun workout! Dancers participate in a choreographed showcase, complete with fashion accessories, at the conclusion of course!

Instructor: C.L.A.P.

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.217	F	1/23-3/12	3:45-4:45pm	8-11	8	KR
253.3.218	F	1/23-3/12	4:45-5:45pm	11-14	8	KR

Jazz Dance, Hip Hop, & Fitness \$70

Come learn really neat steps and move to lively energizing music. Classes include warm-up and cool-down exercises.

No class: 2/16

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.214	M	1/26-3/22	4:15-5:15pm	6-9	8	KR
253.3.215	W	1/21-3/10	4-5pm	5-7	8	KR

**DANCE****Little Shining Stars****\$70**

A fun creative class designed specifically for preschoolers. Foster confidence and self-esteem in your child while they explore creativity and imagination through fun games and activities. Students will explore movement, puppetry, rhythm, mime, storytelling and more. Your child won't want to miss out on this wonderful opportunity to experience the magic.

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.209	Th	1/22-3/11	11:30am-12:15pm	3-5	8	KR

Terrific Tot Tumbles**\$70**

Come on mommy and daddy and bring your energized toddler to class for some fun and play. This special class will include activities such as warm-up exercises and movements to music, the little ones will learn basic tumbling, somersaults, crabwalks, bear walks, bridges and much more. Come play with hula hoops, bean bags, balls and blow bubbles while making some new friends!

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.205	T	1/20-3/9	10:30-11:15am	2.5-3.5	8	KR
253.3.206	Th	1/22-3/11	10:30-11:15am	2.5-3.5	8	KR

Twinkle Toes Ballet**\$70**

This "SERIOUS FUN" class for tiny tots will teach grace, coordination, balance and improve your child's rhythm. Simple ballet positions will be taught. Ballet shoes are recommended.

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.207	W	1/21-3/10	2-2:45pm	3-5	8	KR
253.3.208	T	1/20-3/9	11:30am-12:15pm	2.5-3.5	8	KR

EARLY CHILDHOOD RECREATION*Please read the ECR Policy on page 14.***Kinder Tots****\$288**

This class emphasizes age appropriate activities, which may include crafts, stories, drama, music, and games used to develop socialization skills, hand/eye coordination, and motor skills. Children must have a general understanding of their numbers and letters, so that these skills can be improved, however the emphasis of the class is on fun. Child must be toilet trained.

*No class: 2/16**Instructor: Campen*

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.310	M/W/F	1/21-3/19	8:30-11am	4.5-5	25	KR
253.3.311	M/W/F	1/21-3/19	12-2:30pm	4.5-5	25	KR

Kinder Tots**\$195***Instructor: Morin*

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.312	T/Th	1/20-3/11	9-11:30am	4-5	16	KR

Time for Twos**\$75**

Come play with us and meet new friends! Join us for a fun-filled hour of crafts, music, games and stories. This parent/child class emphasizes pre-socialization skills, creativity, and circle time activities such as songs, stories and listening games. This class is a one parent to one child activity. No siblings allowed.

*No class: 2/16**Instructor: Paulsen*

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.301	M	1/26-3/22	9-10am	24-36m	8	KR
253.3.302	M	1/26-3/22	10:15-11:15am	24-36m	8	KR
253.3.303	M	1/26-3/22	11:30am-12:30pm	24-36m	8	KR
253.3.304	W	1/21-3/10	9-10am	24-36m	8	KR
253.3.305	W	1/21-3/10	10:15am-11:15am	24-36m	8	KR
253.3.306	W	1/21-3/10	11:30am-12:30pm	24-36m	8	KR

Tiny Tots**\$214**

This class will help your child prepare for pre-school and kindergarten. Classes are designed to promote independence, and improve social, cognitive, and movement skills. Activities include: crafts, stories, playtime and simple learning concepts. Child must be completely toilet trained and able to attend the class by themselves.

*No class: 2/16**Instructor: LaRose*

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.308	M/W/F	1/21-3/19	9-11am	3.5-4	25	KR
253.3.309	M/W/F	1/21-3/19	11:30am-1:30pm	3.5-4	25	KR

Wee Threes**\$119**

A socialization program that emphasizes positive self-esteem, following direction and simple learning concepts. Activities include circle time, music, song, stories, and arts and crafts. Parents may stay or not as they choose. Children must be toilet trained.

*No class: 2/3, 3/2**Instructor: Paulsen*

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.307	T/Th	1/20-3/18	10:30am-12pm	3	16	KR

MUSIC/THEATER ARTS**Art Adventure****\$87**

A favorite for preschoolers, this course blends creative drama, dance, music and visual arts for a one-of-a-kind program. Children explore the various fields of art with costumes, props, music, arts and crafts, and lots of imagination!

*No class 2/16**Instructor: C.L.A.P.*

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.411	M	1/26-3/22	2-2:45pm	3-5	8	KR
253.3.417	T	1/20-3/9	10:15-11am	3-5	8	KR

Art Adventure - Parent/Child**\$87**

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.418	T	1/20-3/9	9:30-10:15am	3-5	8	KR
253.3.419	Th	1/22-3/11	6:15-7:15pm	3-5	8	KR

MUSIC/THEATER ARTS**Get Up and Dance****\$87**

Get up and dance to funky Hip-Hop beats and other pop hit music! This high-energy dance class features exciting dance moves along with basic techniques that make for a great workout! Course culminates with a choreographed performance.

Instructor: C.L.A.P.

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.414	Th	1/22-3/11	5-6pm	10-15	8	KR

Guitar - Beg.**\$57**

Beginning guitar is fun! In this self-paced, no pressure class, you will learn basic chords, how to strum, introduction to picking and many easy songs to play with friends and family. Students must provide their own guitar. No electric guitars please.

*No class: 2/16**Instructor: Marchase*

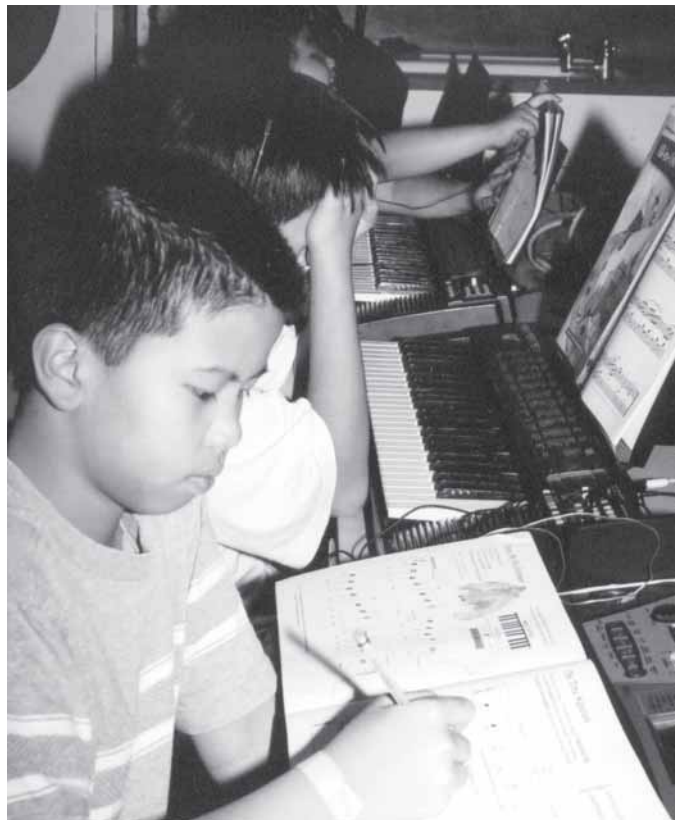
Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.416	M	1/26-3/22	5:30-6:30pm	7-15	8	KR

Guitar - Adult/Child**\$62**

This class offers the opportunity for an adult guardian and a youth to learn guitar together. Basic chord rounds, strumming, and introduction to picking will be some lessons. Time together can promote fun & growth in your relationship. Students must provide guitar. One guitar per youth and adult.

*No class: 2/19, 3/25**Instructor: Marchase*

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.409	Th	1/29-4/1	6:30-7:30	Adult 21+ Child 10-15	8	KR

**Move and Groove****\$87**

Participants dance to a variety of theme music in this fabulous course that features a blend of popular dance styles. Children learn to express themselves through creative movement, develop good fitness habits, and build self-esteem. This is a great course for dancers of all levels! Program culminates with a choreographed performance.

Instructor: C.L.A.P.

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.412	Th	1/22-3/11	2:45-3:30pm	3-5	8	KR
253.3.413	Th	1/22-3/11	3:45-4:45pm	6-9	8	KR

Move and Groove - Parent/Child**\$87**

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.410	M	1/26-3/22	7-8pm	2-4	8	KR

Piano Keyboard - Level 1**\$77**

A class in basic piano skills and music reading. Principles of rhythm, melody, harmony and ear training are taught with the aid of tonally accurate portable keyboards provided by the instructor. Participants will enjoy this individual approach. Access to a piano or keyboard is recommended. A \$7.50 music book fee payable to the instructor, will be collected at the first class. Students must bring their own set of headphones. Please register your child in their appropriate level, for their age. **Level I** - Beginner level with NO prior keyboard or piano playing experience or lessons. **Level II** - Participant has completed Level I. **Level III** - Participant has completed Level II.

Instructor: Noteworthy Music

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.401	T	1/20-3/23	3:30-4:10pm	6-8	10	KR
253.3.402	T	1/20-3/23	4:15-4:55pm	8-10	10	KR
253.3.405	W	1/21-3/24	3:30-4:10pm	6-8	10	KR
253.3.406	W	1/21-3/24	4:15-4:55pm	9-12	10	KR

Piano Keyboard - Level 2**\$77**

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.403	T	1/20-3/23	5-5:40pm	6-10	10	KR
253.3.407	W	1/21-3/24	5-5:40pm	6-12	10	KR

Piano Keyboard - Levels 2 & 3**\$77**

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.404	T	1/20-3/23	5:45-6:25pm	6-10	10	KR
253.3.408	W	1/21-3/10	5:45-6:25pm	6-12	10	KR

*Satisfaction is important to us
We want to provide quality programs to
all participants. If you are not satisfied
with your program, let us know. Contact
staff at your local facility, call 408-277-
4661, or email PRNS@sanjoseca.gov.*

**SPORTS & FITNESS****Cheerleading \$70**

Children will learn cheerleading moves, routines and cheers. This class will help children gain self-esteem while have fun learning. This class is designed to teach beginners the basics and improve the skills of those more advanced. By the end of the session the children will be ready for an in class cheerleading competition with their peers. Pom Poms will be available for purchase from the instructor. Uniforms will also be available for purchase but are not required.

No class: 2/16

Instructor: KidSAFE

Course#	Day	Date	Time	Age	Mtg.	Loc.
297.3.501	M	1/26-4/5	4-4:40pm	5-7	10	KR
297.3.502	M	1/26-4/5	4:45-5:25pm	8-13	10	KR

Ice Skating Lessons \$107

Does your child want to be the next Mike Ricci or Christy Yamaguchi? This is a joint venture for Kirk Center and Logitech Ice at San José. In this 8 week introductory series we will cover the proper way to fall down, get up, two foot glide, one foot glide, forward swizzles, forward stroking, backward swizzles, stopping, and an introductory spin. The series includes a 30 minute class once a week and the public session the day of the class. Skate rental is included in the price of the class.

Instructor: Logitech Ice

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.502	T	1/20-3/9	3:30-4pm	6-10	8	LIC

Self Defense \$70

Children will learn self defense and safety awareness in a fun and safe environment. Classes will be tailored to each age group according to physical, mental, and emotional ability. Children will be taught both verbal and physical skills involved in self-defense. Emphasis will be placed on increasing the student's awareness of potentially dangerous situations. Parents are encouraged to participate.

Instructor: KidSAFE

Course#	Day	Date	Time	Age	Mtg.	Loc.
297.3.504	W	1/21-3/10	5-5:40pm	5-7	10	KR
297.3.505	W	1/21-3/10	5:45-6:25p	8-13	10	KR

Tennis - Private Lessons \$67

Kirk Center is pleased to announce private tennis lessons with our resident tennis pro Manual Fernandez. Registration will be made through the Kirk Community Center and then times will be set up between Manual and the student. Times and space will be limited. Students will have to bring proof of registration with them to the (first) lesson.

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.612	na	Feb-Mar	na	5+	3	PM
253.3.611	na	Feb-Mar	na	5+	1	PM

SPECIALTY CLASSES**Blast Off Into Science! \$102**

Blast off with Mad Science! Learn about lasers and holograms. Use your discoveries about the effect of acids and bases to test for acid rain and to construct your own canister cannon. Explore the 3 states of matter while you turn water to ice in 30 seconds, carbonate plain drinking water, and create awesome smoke illusions! Build your own marshmallow molecules, and use a secret formula to make your own Mad Science putty. Top it all off by investigating aerodynamics and space flight and build your very own model rocket.

No class: 2/16

Instructor: Mad Science

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.601	M	1/26-3/22	3:45-4:45pm	5-12	8	KR
253.3.608	F	1/23-3/12	4:30-5:15pm	7-16	8	KR
253.3.609	F	1/23-3/12	5:30-6:15pm	7-16	8	KR

Light, Sight, & Sound \$102

Mad Science doesn't get much better than this series of eight classes. You'll be shocked by what you learn about electricity in Watt-Up. Test to see if you have a magnetic personality in Magnetic Magic. You'll see it, but you might not believe it, in Optical Illusions. Experience a spectacular indoor fireworks display in Light, Color...Action! Discover some amazing sound effects and learn about sound in Sonic Sounds. Harness some energy as you learn all about heat, and then make your very own cotton candy (it's an experiment, right!) Take the Mad Science taste challenge and map out your tongue as you discover Tantalizing Taste. Finally, learn all about polymers as you make your own batch of oozing slime to take home.

Instructor: Mad Science

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.603	F	1/23-3/12	4:50-5:50pm	5-12	8	KR

Movin' and Groovin' \$102

Let your imagination soar as you learn about the forces of energy, motion and gravity. Experiment with the effects of inertia and friction on planes, trains and automobiles. Discover how science and art are related, and make your own paint to take home with you. Explore the animal kingdom, and learn about feathers, fins, and fur. Then hold your breath as we dive beneath the ocean surface to study buoyancy and the animals that live under the sea. Take a look at robots and how they make our lives easier, then build your own robot hand to take home with you.... maybe it can help you with your homework!

Instructor: Mad Science

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.602	F	1/23-3/12	3:45-4:45pm	5-12	8	KR

Santa Clara Begonia Society

Santa Clara County Branch of the American Begonia Society meets the third Thursday of the month at 6:30pm. The meeting is open to everyone, currently we are a small group. Our aim is to promote interest in begonias and other shade loving plants and to bring friendly contact to all who love to grow begonias. For more information please attend a meeting.

SPECIALTY CLASSES

System P1-BodyWorks! \$85

Discover your body and senses in this series of workshops. Meet Mr. Bones and learn about the major organs and muscles in your body. Learn why some things are safe to touch and others are not. Experiment with magnifying glasses, kaleidoscopes and binoculars. Play with a wave motion model and twirling tubes to learn how sound travels in waves and can be heard in a variety of pitches. Join us on a journey through your nose and taste buds, and learn about primary colors and the rainbow. Parents may stay, but this is NOT a parent child class.

Instructor: Mad Science

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.606	F	1/23-2/27	2:30-3:15pm	3-5	6	KR

System P3-Wild World \$85

This class consists of 6 unique activities. What has no eyes, breathes through its skin and eats soil? Find out in WORLD OF WORMS. Ever meet a kid who didn't smile when chasing bubbles? Well come and test that notion in BUBBLEOLOGY. There's a little more to water than meets the eye. Come and see what it is in WATER WORKS. What has big teeth, a big tail, and is really BIG? Why it's DAZZLING DINOSAURS. Learn all about animals and animal families in ANIMAL FRIENDS. Learn why some things are magnetic and others are not, in MAGNETIC ATTRACTION. Parents may stay but this is NOT a parent child class.

Instructor: Mad Science

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.605	W	1/21-2/25	12-12:45pm	3-5	6	KR

SPECIAL EVENTS

Spring Fling \$17

Kids night out. Kids leave your parents at home and come and join us for a night of fun and frolick. We will be doing crafts, games, and having snacks. Each additional child \$10 up to 3 children. This will be held at Hogue park.

Course#	Day	Date	Time	Age	Mtg.	Loc.
297.3.616	F	3/19	6-9pm	5-12	1	HO

Valentine's Day Cookie Party \$12

Join us to make a tasty treat for celebrating Valentine's day. We will be having a cookie decorating party. Cookies and decorating supplies will be provided. Parents are encouraged to stay to help younger children.

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.613	Th	2/12	3:45-4:45pm	5-7	1	KR
253.3.614	Th	2/12	5-6pm	7-10	1	KR

Valentine's Day Bash \$17

Kids night out. Kids leave your parents at home and come and join us for a night of fun and frolick. We will be doing crafts, games, and having snacks. Each additional child \$10 (up to 3 children). This will be held at Hogue Park.

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.615	F	2/13	6-9pm	5-12	1	HO

ADULT CLASSES

Aerobic Kickboxing \$58

Want a high energy, fun way to exercise? Then this class is for you. Aerobic kickboxing is great for toning muscles, strengthening your cardiovascular system, and losing weight. The ultimate overall workout. Get physically fit and learn several self defense techniques at the same time. If you like tae-bo, you'll love this class. You will need cloth fist pads which may be purchased from a sporting goods store or from the instructor.

Instructor: Carter

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.710	T	1/20-3/9	6-6:50pm	16+	8	KR

Ballroom Dance \$83sgl/\$156cpl

Learn beginning dance fundamentals. Have fun with the Swing, Salsa, Tango and Rhumba, and Nightclub Two Step. Positions, step patterns, and lead/follow etiquette will be taught. Social dancing is a great way to meet people, build confidence, and get a swinging workout. Informal dress is fine. Please wear shoes with a smooth surface and come prepared to dance your socks off.

No class: 2/6, 3/5

Instructor: Esswein

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.708	F	1/23-3/26	6-7pm	16+	8	KR
253.3.709	F	1/23-3/26	6-7pm	16+	8	KR

Cardio Sculpt/Body Conditioning \$58

Coed aerobics activity for fitness. A combination of aerobics and muscle toning activities. Both men and women can benefit from the program that helps to make men more "buffed" and women more shapely while becoming more fit. A good way to help reduce the effects of aging. Make your heart happy! Non-competitive. Work at your own level from easy to advanced. Even couch potatoes can be successful here!

No class: 2/13, 3/19

Instructor: Camp Carter

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.714	Th	1/22-3/11	7:05-7:55pm	16+	8	HO
253.3.718	Th	1/22-3/11	7:05-7:55pm	16+	8	KR

China Painting \$87

Learn the techniques of painting on porcelain. Create jewelry boxes, plates, and tomorrow's treasures. The instructor will notify students what and where to purchase supplies before the first class meeting. Cost of the supplies is approximately \$50.00 for beginners.

No class: 2/16

Instructor: Otey

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.703	M	1/26-4/5	6:30-9:30pm	16+	10	KR

Guitar - Beg. \$57

Beginning guitar is fun! In this self-paced, no pressure class, you will learn basic chords, how to strum, introduction to picking and many easy songs to play with friends and family. Students must provide their own guitar. No electric guitars please.

No class: 2/16

Instructor: Marchase

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.701	M	1/26-3/29	6:30-7:30pm	16+	8	KR

ADULT CLASSES

Hatha Yoga

\$74

A contemporary blend of traditional and non-traditional Hatha Yoga. Class works on breathing, flexibility, endurance, strength, and relaxation. Students work at their own level. Wear loose clothing and bare feet. Bring a large towel.

Instructor: Jamello

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.711	W	1/21-3/24	9:30-11am	16+	10	KR

Piano Keyboard

\$76

A class in basic piano skills and music reading. Principles of rhythm, melody, harmony and ear training are taught with the aid of tonally accurate portable keyboards provided by the instructor. Participants will enjoy this individual approach. Access to a piano or keyboard is recommended. A \$15.00 music book fee, payable to the instructor, will be collected at the first class. Students must bring their own set of headphones. This is a beginning Level 1 class.

Instructor: Noteworthy Music

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.707	W	1/21-3/24	6:30-7:10pm	16+	10	KR

Pique' Assiette-Broken Dish

\$85

Create your own terra cotta pot out of broken treasures from the past. Come learn this craft that allows you to create unique gifts or as a fun way to earn extra cash. With instructor assistance, students will work independently after completion of the first project. Bring a rag, rubber gloves, your favorite old plates and creative talent. Students will be given a list of supplies that they will need for class.

No class: 2/16
Instructor: Rollans

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.717	M	1/26-3/22	6:30-9:30pm	16+	6	KR

Scrapbooking

\$50

Are your photos stuffed in drawers or shoe boxes? Are they stored in many types of photo albums that chemically destroy photos? Join us for an educational, hands-on-class creating beautiful photo safe albums. You will learn a very popular method of photo organization and techniques for cropping, layout, mounting, journaling and much more! The result will be a personal keepsake photo album that will last a lifetime. A \$50 fee for supplies, payable to the instructor, is due the first day of class.

Instructor: Hoover

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.704	W	1/21-2/11	6:30-9pm	16+	4	KR
253.3.705	W	2/18-3/10	6:30-9pm	16+	4	KR

Scrapbooking

\$88

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.706	W	1/21-3/10	6:30-9pm	16+	8	KR

Slow Mindful Tai Chi

\$66

The practice of Tai Chi tones the body, relaxes the mind, helps to strengthen the immune system, and helps to reduce stress. Regenerative energies are awakened while revitalizing the body and empowering the mind which has healing influences. Seven Circles for Health, Qu Quong, and non-repetitive Tai Chi will be taught.

Instructor: Harvey

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.702	T	1/20-3/9	6-7:30pm	16+	8	KR



Golf

\$60

Learn everything from fundamentals to finer points of the game from a certified LPGA golf professional. Lessons will cover full swing techniques (woods and irons) and short game techniques (putting, pitching, chipping, and trouble shooting.) Practice balls, clubs, and a rule book will be provided. Location: Rancho del Pueblo, 1649 Hermocilla Way.

Instructor: Moveton

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.714	S	1/24-2/7	11am-12pm	16+	3	RP
253.3.715	S	2/4-2/28	11am-12pm	16+	3	RP

Golf

\$112

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.716	S	1/24-2/28	11am-12pm	16+	6	RP

ADULT CLASSES

Low Impact Aerobics \$58

In this class you will get an overall workout with emphasis on toning muscle, gaining strength, and increasing flexibility, while improving cardiovascular level. Total fitness put to music.

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.712	Th	1/22-3/11	6-6:50pm	16+	8	KR

Pilates for Beginners \$58

Increase your strength, flexibility, inner balance and vitality by participating in this class designed to reconnect you to your true self. This class will focus on relieving tension in the back, neck, shoulders, and hips through breathing techniques and relaxation. Additionally, special attention will be paid to proper alignment to enhance energy flow and posture.

Instructor: Camp Carter

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.713	T	1/20-3/9	7:05-8:05	16+	8	KR

SPORTS & FITNESS

Coed Basketball League \$48

The Basketball league is a win-win program for 4-11 year olds. Participation, fundamental skills, teamwork and sportsmanship are emphasized in a pressure free environment. In collaboration with the PCA (Positive Coaching Alliance) the City of San Jose and Kirk Community

Center will be hosting a Coaches Workshop at Kirk Community Center Wednesday January 9, 2004 from 7:00-9:30 p.m. COED BASKETBALL CLINIC: Saturday, January 26, 2004. Clinic times are for January 26th only. Game times will vary.

No Games on Feb 14

Instructor: Staff

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.901	Sa	1/24-3/13	10-11:15am	4	7	JM
253.3.902	Sa	1/24-3/13	10-11:15am	5-6	7	JM
253.3.903	Sa	1/24-3/13	10-11:15am	7-8	7	JM
253.3.904	Sa	1/24-3/13	10-11:15am	9-11	7	JM

Coed Holiday Basketball Camp \$83

Camps will be given by teacher/coach Lou Ayala, former coach of the boys and girls varsity basketball teams at Pioneer High School. This will be coach A's 14th Annual Session of Sports Camps for Kirk. The fundamentals of basketball will be taught, as well as more advanced skills. The basics such as dribbling, passing, shooting, footwork, screening and strategies will also be developed. Learn and have fun in basketball camp! The camps will take place at John Muir Middle School Gym - 1260 Branham Lane.

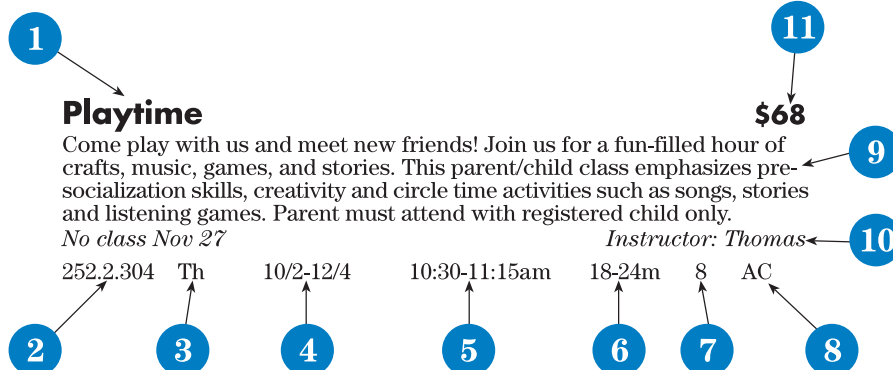
Instructor: Ayala

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.905	M,T,F	12/22,23,26	10am-12:30pm	3-5 Gr	3	JM
253.3.906	M,T,F	12/29,30,1/2	10am-1pm	6-9 Gr	3	JM

Spring Basketball Camp \$115

Course#	Day	Date	Time	Age	Mtg.	Loc.
253.3.907	M-F	2/16-2/20	10am-12:30pm	3-5 Gr	5	JM
253.3.908	M-F	2/16-2/20	1-4pm	6-9 Gr	5	JM

How to Read the Activity Guide



Legend

1. Class/Program Name
2. Course Number (if applicable)
3. Class/Program Day(s)
4. Session Dates (beginning & end dates)
5. Class Time
6. Minimum/Maximum Age Requirements
7. Number of Class Sessions/Meetings
8. Class Location (abbrev.) (usually the community center)
See map on page 76 for specific locations.
9. Class Description (features class information, additional costs, class requirements, closure dates)
10. Instructor/Vendor
11. Class Cost

- Community Centers Citywide are represented throughout the guide in alphabetical order.
- Quick summary of classes offered at community centers and features on a city park are listed in the Parks Matrix starting on page 144.
- Registration instructions are on page 150, and policies are listed on page 5.
- For more information or for assistance, call the community center nearest you!



SAN JOSE AFTER SCHOOL

Kirk Area

San José After School is a partnership by the City of San José, with school districts, community-based organizations, teachers and parents to provide safe, fun and enriching activities for youth after school.

After school programs promote healthy youth development and student learning. This includes homework centers and tutoring, recreation, arts, and enrichment activities, and technology centers. Youth will enjoy safe, fun, and enriching activities at sites located throughout San José.

There are wonderful after school programs in your area. For more information about schools, libraries, and centers offering after school programs, please contact 408-277-5203.

Types of Programs

Level 1: Homework Assistance. Level one sites offer after school homework help at many locations in San José.

Level 2: Safe and Accessible After School Programs. Level two sites will offer integrated recreation and literacy and math enrichment programs.

Level 3: Integrated and Comprehensive approach after school programs. Level three sites integrate literacy, leadership, education, nutrition, cultural arts and recreation activities.

Site	Level of Program	Time
Almaden Elementary School	Level 1, Homework Assistance	*
Alta Vista Elementary School	Level 1, Homework Assistance	*
Athenour Elementary School	Level 1, Homework Assistance	*
Blossom River Apartments	Level 1, Homework Assistance	*
Branham High School	Level 1, Homework Assistance	*
Dartmouth Middle School	Level 1, Homework Assistance	*
Erikson Academy School	Level 3, Homework Assistance	2:30-6:00pm
Hacienda Elementary School	Level 1, Homework Assistance	*
Hammer Montessori Elementary School	Level 1, Homework Assistance	*
John Muir Middle School	Level 1, Safe and Accessible	*
Oster Elementary School	Level 2, Safe and Accessible	2:30-6:00pm
Pearl Avenue Branch Library	Level 1, Homework Assistance	*
Pinmore Gardens Apartments	Level 1, Homework Assistance	*
Reed Elementary School	Level 1, Homework Assistance	*
Sartorette Elementary School	Level 2, Homework Assistance	2:30-5:00pm
Schallenger Elementary School	Level 3, Comprehensive	2:30-6:00pm
Terrell Elementary School	Level 2, Homework Assistance	2:30-5:00pm

* Homework Assistance offered at individual sites immediately following the end of the school day (approximately 2:30-3:30pm).

Keep the Guide handy as reference...or recycle it by passing it along to a neighbor, or co-worker

KIRK SENIOR PROGRAM

Kirk Senior Program offers a detailed monthly activity guide listing all programs and services and includes the nutrition menu. This guide can be obtained by visiting the center. Please refer to page 8 for additional information regarding citywide aging services offered through the Office on Aging.

Senior Office Phone: 408-269-0214

Nutrition Reservations Line: 408-448-9591

Senior Nutrition

Nutrition Reservations

\$2

The Nutrition Program provides tasty and nutritious hot meals for seniors over 60 years of age. This is a great time to socialize with friends and family as well as meet new friends. Lunch is served Monday through Thursday at 12:00 noon - please check the detailed monthly activity guide for the daily menu. Each meal provides one-third of the Recommended Daily Allowance for seniors. Occasional workshops are provided on a variety of topics. The suggested donation for seniors 60+ is \$2.00 and the guest fee for individuals under 60 is \$5.00. Lunch cards are available for \$40 and is good for 21 meals - it's like getting one free! The lunch card can be used at any nutrition site and does not expire until all 21 meals have been used. NOTE: Reservations are required. Please call 408-448-9591 at least one day in advance but not more than two weeks.

Advisory Council

Advisory Council is a group of volunteers who are responsible for providing input to the center staff on programs and senior issues. If you have ideas on how to improve programs and services at our center, please join us! The Kirk Senior Advisory Council meets monthly on the first Tuesday of the month at 9:30am.

Adult Education

The Center offers a wide variety of Adult Education Classes geared towards seniors. Most classes are free or low cost. Pick up an Adult Education class guide at the Center. The Fall Semester typically runs from early September to mid-December while the Spring semester runs from mid-January to May.

Fee Classes

- Senior Low Impact Aerobics – 5 times a week!
- Intermediate Line Dancing
- Tai Chi

Senior Services

These basic services are free for Seniors. Some by appointment only. Call center for more information.

- SALA (Senior Adult Legal Assistance)
- HICAP (Health Insurance Counseling Advocacy Program)
- Free Blood Pressure Checks
- Free Haircuts
- Book / Video Library

Senior Drop-In Activities

The Center offers a wide variety of free drop-in activities such as Guest Speakers, Bridge, Haircuts, Aerobics and Quilting to name just a few. Pick up the detailed monthly activity guide for more information. Call the Kirk Program office for more information on days and times.

- Ballroom Dancing
- Cribbage
- Kirk Silver Singles Club
- Mah Jongg
- Needlework for Other group
- Quilting
- Table Tennis
- Video Club

Bridge Club

Kirk Senior Program has a very active Bridge schedule. We offer the following:

- Drop-In Bridge
- Practice Bridge
- Duplicate Bridge (by appt. only. Call Rod at 408-269-0214)

Seasonal Activities

- AARP/55 Alive Safe Driving Classes
- Free Tax Assistance
- Free Homeowners & Renters Assistance



City Holidays

The following dates are City Holidays. Most facilities will be closed and no programs held on the following dates:

Christmas/New Year's Day
December 24th – January 1st

President's Day
February 16th

Martin Luther King
January 19th

Ceazar Chavez's
March 31st

For information on holiday closures for a specific program or facility, please call your local PRNS facility.